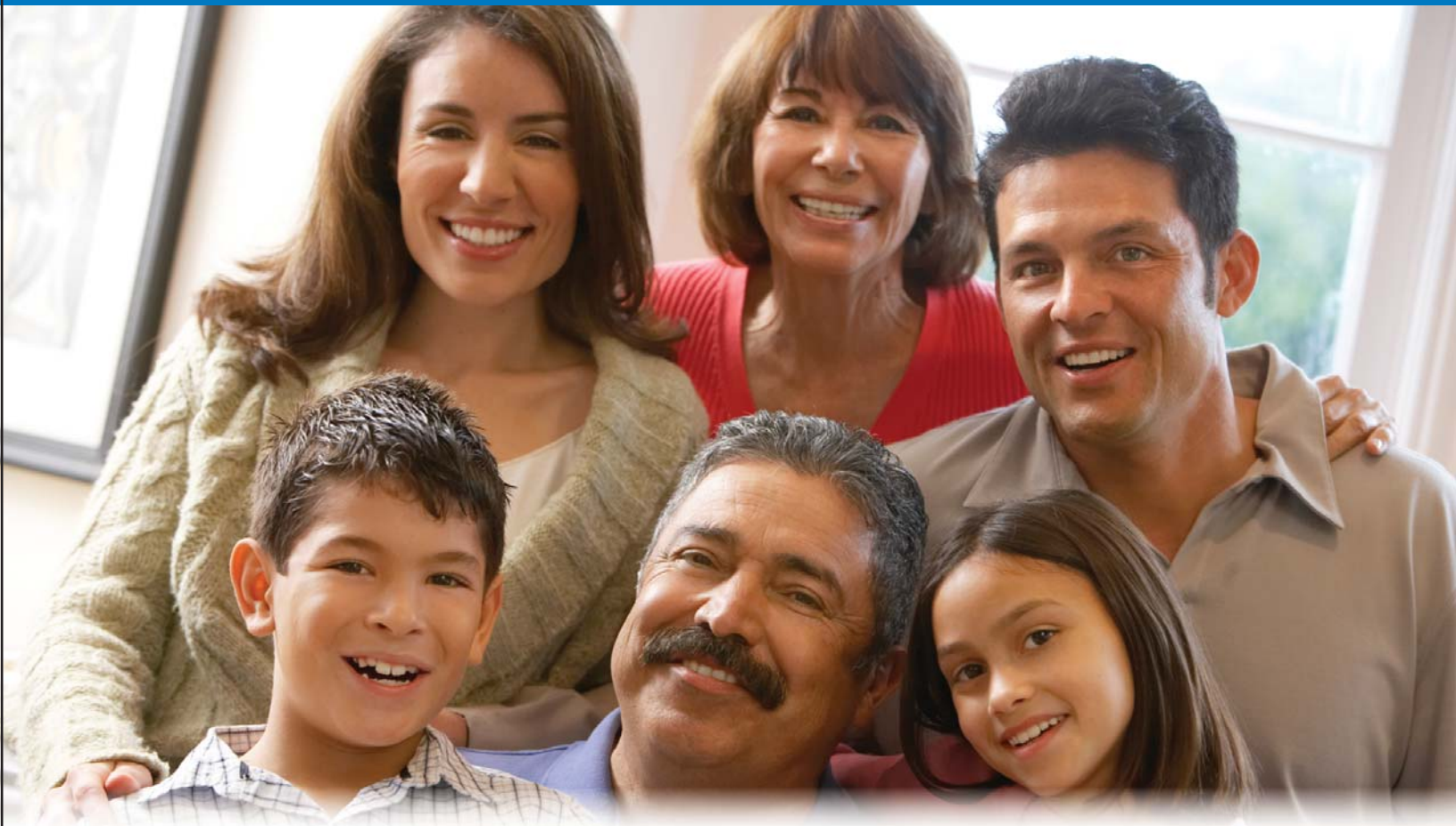


Valley Physicians Network

Physician & Facilities Directory

Serving Murrieta, Wildomar, Temecula, Lake Elsinore, Menifee



Your time and health are important. Choose doctors that put you first!

Valley Physicians Network (VPN) is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join VPN. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about Valley Physicians Network:

1-888-313-7929 | valleyphysiciansnetwork.com

V A L L E Y 
Physicians Network
Part of OptumCare® Last updated: 03/03/2018

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Please check with your Primary Care Physician for a complete list of specialists.

***Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.**

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：

1-800-956-8000, Option 5.

Valley Physicians Network is a network of independently-contracted doctors and part of OptumCare®. OptumCare keeps you healthier and feeling your best by providing care that is built around you. Learn more at optumcare.com. Optum® and OptumCare® are trademarks of Optum, Inc.

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Service Locations for Valley Physicians Network



- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services

URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Total Care Urgent Care (951) 674-4114

425 Diamond Dr., Ste. 105, Lake Elsinore, CA 92530
Mon. – Fri. 9 a.m. – 9 p.m.; Sat. – Sun. 9 a.m. – 5 p.m.

24703 Monroe Ave., Murrieta, CA 92562 (951) 698-8098

Mon. – Sat. 9 a.m. – 7 p.m.; Sun. and Holidays 9 a.m. – 5 p.m.

Alliance Urgent Care (951) 692-4660

31150 Temecula Pkwy., Ste. 101, Temecula, CA 92592
Mon. – Fri. 8 a.m. – 8 p.m.; Sat. – Sun. 9 a.m. – 5 p.m.

3853 W. Stetson Ave., Ste. 100, Hemet, CA 92545 (951) 929-6900

Mon. – Fri. 8 a.m. – 8 p.m.; Sat. – Sun. 9 a.m. – 5 p.m.

I-Care Urgent Care (951) 878-9820

27890 Clinton Keith Rd., Ste. D-404, Murrieta, CA 92562
Mon. – Fri. 8 a.m. – 8 p.m.; Sat. – Sun. 8 a.m. – 6 p.m.

HOSPITALS

Rancho Springs Medical Center (951) 696-6000

25500 Medical Center Dr., Murrieta, CA 92562

Inland Valley Regional Medical Center (951) 677-1111

36485 Inland Valley Dr., Wildomar, CA 92595

Loma Linda University Medical Center - Murrieta (951) 290-4000

28062 Baxter Rd., Murrieta, CA 92563

Temecula Valley Hospital (951) 331-2200

31700 Temecula Pkwy., Temecula, CA 92598

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 **LAB SERVICES**

Quest Diagnostics – Temecula (951) 694-4301

27699 Jefferson Ave., Ste. 109, Temecula, CA 92590
Mon. – Fri. 6 a.m. – 4 p.m.; Sat. 8 a.m. – 1 p.m.

31515 Rancho Pueblo Rd., Ste. 104, Temecula, CA 92592 (951) 719-1140

Mon. – Fri. 7:30 a.m. – 4:30 p.m.; Closed for lunch 11:30 a.m. – 1:00 p.m.

Quest Diagnostics – Sun City (951) 672-0852

29798 Haun Rd., Ste. 201, Menifee, CA 92586
Mon. – Fri. 5 a.m. – 4 p.m.; Closed for lunch noon to 1 p.m.

Quest Diagnostics – Murrieta (951) 461-2315

25405 Hancock Ave., Ste. 217, Murrieta, CA 92562
Mon. – Fri. 7 a.m. – 4 p.m.; Closed for lunch 12:30 p.m. – 1:30 p.m.

Quest Diagnostics – Wildomar (951) 698-8401

36243 Inland Valley Dr., Ste. 260, Wildomar, CA 92595
Mon. – Fri. 5 a.m. – 4 p.m.; Closed for lunch noon to 1 p.m.

Quest Diagnostics – Lake Elsinore (951) 471-3231

31712 Casino Dr., Ste. 7B, Lake Elsinore, CA 92530
Mon. – Fri. 8 a.m. – 3 p.m.; Closed for lunch noon to 1 p.m.

 **OUTPATIENT RADIOLOGY SERVICES**

Temecula Valley Imaging (951) 699-7161

(US, X-ray, Mammograms & Dexa Scans)
25395 Hancock Ave., Ste. 110, Murrieta, CA 92562

Temecula Valley Advanced Imaging (951) 696-4230

(PET/CT, MRI, CT & Fluoroscopy)
25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562

Temecula Valley Imaging Wildomar (951) 461-0596

(X-ray)
36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595

Temecula Valley Imaging Menifee (951) 566-5813

(X-ray)
27168 Newport Rd., Ste. B, Menifee, CA 92584

 **OUTPATIENT RADIOLOGY SERVICES (cont.)****Temecula Valley Imaging (Satellite) (951) 694-6052**

(X-ray)

28780 Single Oak Dr., Ste. 155, Temecula, CA 92590

The Breast Care Center of Temecula (951) 587-8956

(Stereotactic, Digital Mammograms, US, Dexa Scans)

25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562

Temecula Valley Nuclear Medicine (951) 698-4808

25485 Medical Center Dr., #102, Murrieta, CA 92562

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Valley Physicians Network Physician Directory

Primary Care Physicians



Tyrone E. Arce, M.D.

121 S. Main St.
Lake Elsinore, CA 92530

(951) 471-0266

Internal Medicine

Other Language(s): Spanish



Abayomi A. Odubela, M.D.

25470 Medical Center Dr., #205
Murrieta, CA 92562

(951) 676-4221

Board Certified Internal Medicine



Douglas Carrasco, M.D.

44274 George Cushman Ct., #210
Temecula, CA 92592

(951) 302-4603

Board Certified Internal Medicine

Other Language(s): Spanish

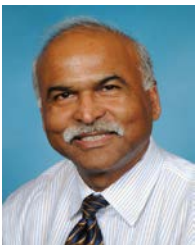


Dennis A. Petersen, D.O.

27403 Ynez Rd., #103
Temecula, CA 92591

(951) 506-3112

Family Medicine



Pervaiz Channah, M.D.

25109 Jefferson Ave., #105
Murrieta, CA 92562

(951) 698-5765

Internal Medicine



Robert G. Peterson, M.D.

24910 Las Brisas Rd., #121
Murrieta, CA 92562

(951) 698-7550

Board Certified Family Medicine



Mariam Fahim, D.O.

36243 Inland Valley Dr., #80
Wildomar, CA 92595

(951) 813-3760

Pediatrics



Na'Imah D. Powell, M.D.

425 Diamond Dr., #105
Lake Elsinore, CA 92530

(951) 674-8779

24703 Monroe Ave.
Murrieta, CA 92562

(951) 698-1168

Board Certified Family Medicine



Michael F. Felong, M.D.

29645 Rancho California Rd., #217
Temecula, CA 92590

(951) 699-4511

Internal Medicine



Fouad A. Salama, M.D.

31717 Temecula Pkwy.
Temecula, CA 92592

(951) 302-1888

Internal Medicine

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About Valley Physicians Network (VPN)

VPN is a network of independently-contracted doctors in Southwest Riverside county who are dedicated to promoting your overall well-being. VPN doctors take the time to build a lifetime relationship with you and your family.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **valleyphysiciansnetwork.com**.