

Valley Physicians Network (VPN)

Network Directory

Serving Murrieta, Wildomar, Temecula, Lake Elsinore, Menifee



PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY

Family Medicine • Internal Medicine • Pediatrics

Having a doctor who listens and understands you means more personalized care. With VPN, our doctors get to know you so they can recommend care based on your health needs.

It's easy to join VPN. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

For more information, please visit
valleyphysiciansnetwork.com

 Like us on Facebook
facebook.com/ValleyPhysiciansNetwork

V A L L E Y 
Physicians Network

Part of OptumCare® Last updated: 01/30/2021

Table of Contents

Valley of Physicians Services map	3
Urgent Care Centers	4
Hospitals	4
Lab Services	5
Radiology Services	5
Primary Care Doctors	6
Tips: Looking for a New Doctor? Which Doctor is Right for You?	appendix

Please check with your Primary Care Doctor for a complete list of specialists.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, Option 5.

Service Locations for Valley Physicians Network

- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services





URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Please call the location for the hours of operation.

Total Care Urgent Care

425 Diamond Dr., Ste. 104, Lake Elsinore, CA 92530

(951) 674-4114

24703 Monroe Ave., Ste. A, Murrieta, CA 92562

(951) 698-8098

Alliance Urgent Care

3853 W. Stetson Ave., Ste. 100, Hemet, CA 92545

(951) 929-6900

I-Care Urgent Care

27722 Clinton Keith Rd., Murrieta, CA 92562

(951) 878-9820

Inland Urgent Care of Temecula

29738-B Rancho California Rd., Temecula, CA 92591

(951) 303-6440

Inland Urgent Care of Sun City

27168 Newport Rd., Ste. 1, Menifee, CA 92584

(951) 246-3033

Inland Urgent Care of Wildomar

36320 Inland Valley Dr., Ste. 307, Wildomar, CA 92595

(951) 600-0110

Inland Urgent Care of Corona

487 Magnolia Ave., Ste. 102, Corona, CA 92879

(951) 279-4994



HOSPITALS

Rancho Springs Medical Center

25500 Medical Center Dr., Murrieta, CA 92562

(951) 696-6000

Inland Valley Regional Medical Center

36485 Inland Valley Dr., Wildomar, CA 92595

(951) 677-1111

Temecula Valley Hospital

31700 Temecula Pkwy., Temecula, CA 92592

(951) 331-2200

Loma Linda University medical Center - Murrieta

28062 Baxter Rd., Murrieta, CA 92563

(951) 290-4000



LAB SERVICES

Please visit questdiagnostics.com for hours of operation

Quest Diagnostics

27699 Jefferson Ave., Ste. 109, Temecula, CA 92590	(951) 694-4301
31150 Temecula Pkwy., Ste. 203, Temecula, CA 92592	(951) 719-1140
29798 Haun Rd., Ste. 206, Menifee, CA 92586	(951) 672-0852
25405 Hancock Ave., Ste. 102, Murrieta, CA 92562	(951) 461-2315



OUTPATIENT RADIOLOGY SERVICES

Temecula Valley Imaging (X-ray)	(951) 587-8956
25395 Hancock Ave., Ste. 110, Murrieta, CA 92562	

Temecula Valley Advanced Imaging	(951) 587-8956
(PET, Nuclear, MRI, Fluoroscopy, DEXA Scans)	
25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562	

Temecula Valley Imaging Wildomar (X-ray)	(951) 587-8956
36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595	

Temecula Valley Imaging (X-ray)	(951) 587-8956
28780 Single Oak Dr., Ste. 155, Temecula, CA 92590	

Breastlink Women's Imaging Center – Temecula Valley	(951) 587-8956
(Breast Care Services)	
25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562	

Temecula Valley Nuclear Medicine	(951) 698-4808
25485 Medical Center Dr., #102, Murrieta, CA 92562	

*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

Valley Physicians Network Directory
Primary Care Doctors



Tyrone E. Arce, M.D.
121 S. Main St.
Lake Elsinore, CA 92530
(951) 471-0266
Internal Medicine
Other Language(s): Spanish



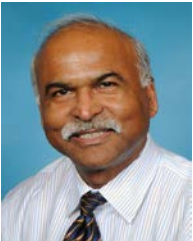
Abayomi A. Odubela, M.D.
25470 Medical Center Dr., #206
Murrieta, CA 92562
(951) 676-4221
Board Certified Internal Medicine



Douglas Carrasco, M.D.
44274 George Cushman Ct., #210
Temecula, CA 92592
(951) 302-4603
Board Certified Internal Medicine
Other Language(s): Spanish



Na'Imah D. Powell, M.D.
425 Diamond Dr., #105
Lake Elsinore, CA 92530
(951) 674-8779
24703 Monroe Ave.
Murrieta, CA 92562
(951) 698-1168
Board Certified Family Medicine



Pervaiz Channah, M.D.
25109 Jefferson Ave., #105
Murrieta, CA 92562
(951) 698-5765
Internal Medicine



Mohammad S. Rahmany, M.D.
41720 Winchester Rd., Ste. H
Temecula, CA 92590
(951) 699-4511
Internal Medicine
Other Language(s): Farsi, German



Mariam Fahim, D.O.
36243 Inland Valley Dr., #80
Wildomar, CA 92595
(951) 813-3760
Board Certified Pediatrics



Abigail Soto, M.D.
25470 Medical Center Dr., #206
Murrieta, CA 92562
(951) 676-4221
Board Certified Family Medicine
Other Language(s): Spanish

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About Valley Physicians Network (VPN)

VPN is a network of independently-contracted doctors in Southwest Riverside county who are dedicated to promoting your overall well-being. VPN doctors take the time to build a lifetime relationship with you and your family.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000, Option 5** or visit our website at **valleyphysiciansnetwork.com**.