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Optum Care Network–Valley Physicians Network directory

Lake Elsinore, Menifee, Murrieta, Temecula, Wildomar

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Please check with your primary care provider for a complete list of specialists.



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Compassionate care for each member of the family

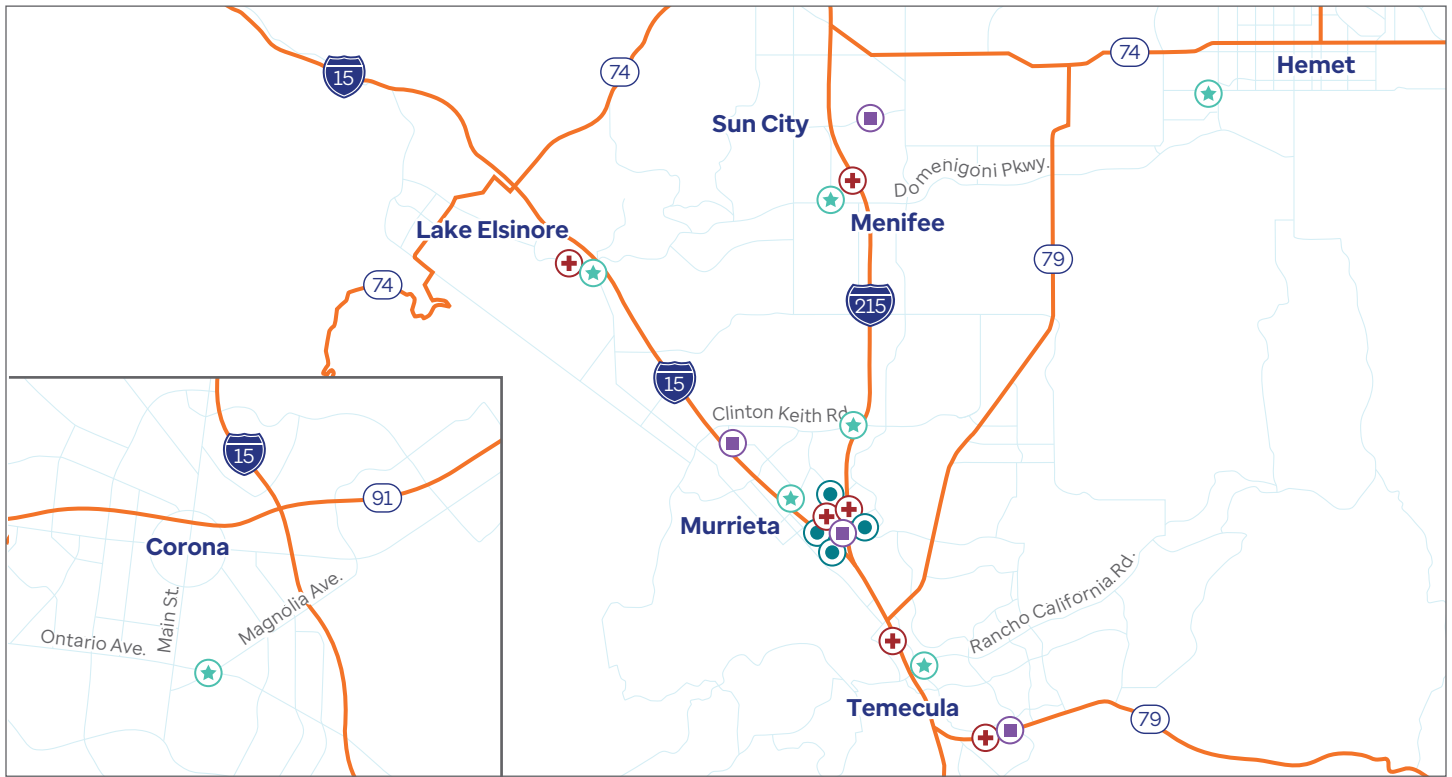
Family medicine, internal medicine
and pediatrics

With Optum Care Network-Valley Physicians, you're at the center of a health care team led by your primary care provider. Your primary care provider will take the time to listen and get to know you. Then, they'll put together a personalized care plan based on your health needs.

Joining Optum Care Network-Valley Physicians is easy. First, use this guide to select a primary care provider. Then, choose one of the health plans they accept. For help making the switch, call your health plan using the number on the back of your ID card.

Service locations

Lake Elsinore, Menifee, Murrieta, Temecula, Wildomar



 Urgent care centers

 Lab services

 Hospitals

 Outpatient radiology services



Urgent care centers

Important: To seek same-day care during regular office hours, **you should always contact your primary care provider first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your primary care provider.

Call for hours of operation.

Total Care Urgent Care

425 Diamond Dr., Ste. 104
Lake Elsinore, CA 92530

Phone: 1-951-674-4114, TTY 711

24703 Monroe Ave., Ste. A
Murrieta, CA 92562

Phone: 1-951-698-8098, TTY 711

Alliance Urgent Care

3853 W. Stetson Ave., Ste. 100
Hemet, CA 92545

Phone: 1-951-929-6900, TTY 711

I-Care Urgent Care

27722 Clinton Keith Rd.
Murrieta, CA 92562

Phone: 1-951-878-9820, TTY 711

Inland Urgent Care of Temecula

29738B Rancho California Rd.
Temecula, CA 92591

Phone: 1-951-303-6440, TTY 711

Inland Urgent Care of Sun City
27168 Newport Rd., Ste. 1
Menifee, CA 92584

Phone: 1-951-246-3033, TTY 711

Inland Urgent Care of Corona

487 Magnolia Ave., Ste. 102
Corona, CA 92879

Phone: 1-951-279-4994, TTY 711



Hospitals

Rancho Springs Medical Center

25500 Medical Center Dr.
Murrieta, CA 92562

Phone: 1-951-696-6000, TTY 711

Inland Valley Regional Medical Center

36485 Inland Valley Dr.
Wildomar, CA 92595

Phone: 1-951-677-1111, TTY 711

Temecula Valley Hospital

31700 Temecula Pkwy.
Temecula, CA 92592

Phone: 1-951-331-2200, TTY 711



Lab services

Visit questdiagnostics.com for hours of operation.

Quest Diagnostics

27699 Jefferson Ave., Ste. 109
Temecula, CA 92590

Phone: 1-951-225-2474, TTY 711

31150 Temecula Pkwy., Ste. 203
Temecula, CA 92592

Phone: 1-951-370-9837, TTY 711

29798 Haun Rd., Ste. 206
Menifee, CA 92586

Phone: 1-951-672-0852, TTY 711

25405 Hancock Ave., Ste. 102
Murrieta, CA 92562

Phone: 1-951-414-5645, TTY 711

25460 Medical Center Dr., Ste. 102
Murrieta, CA 92562

Phone: 1-951-414-5642, TTY 711

32251 Mission Trl., Ste. G1
Lake Elsinore, CA 92530

Phone: 1-951-471-3231, TTY 711

28780 Single Oak Dr., Ste. 275
Temecula, CA 92590

Phone: 1-951-297-8829, TTY 711



Outpatient radiology services

Temecula Valley Imaging

25395 Hancock Ave., Ste. 110
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711

X-ray

Temecula Valley Advanced Imaging

25455 Medical Center Dr., Ste. 100
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711

PET, Nuclear, MRI, Fluoroscopy,
DEXA Scans

Breastlink Women's Imaging Center-Temecula Valley

25455 Medical Center Dr., Ste. 210
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711

Breast Care Services

Temecula Valley Nuclear Medicine

25485 Medical Center Dr., Ste. 102
Murrieta, CA 92562

Phone: 1-951-698-4808, TTY 711

Changes occur on a daily basis, and while we try to maintain our records, there may be changes that are not reflected on this directory.

OCN-Valley Physicians Providers



Tyrone E. Arce, MD
Internal medicine
Other language(s): Spanish
121 S. Main St.
Lake Elsinore, CA 92530
1-951-471-0266, TTY 711



Abayomi A. Odubela, MD
Board certified internal medicine
25470 Medical Center Dr.
Ste. 206
Murrieta, CA 92562
1-951-676-4221, TTY 711



Douglas Carrasco, MD
Board certified internal medicine
Other language(s): Spanish
44274 George Cushman Ct.
Ste. 210
Temecula, CA 92592
1-951-302-4603, TTY 711



Na'Imah D. Powell, MD
Board certified family medicine
425 Diamond Dr., Ste. 105
Lake Elsinore, CA 92530
1-951-674-8779, TTY 711
24703 Monroe Ave.
Murrieta, CA 92562
1-951-698-1168, TTY 711



Pervaiz Channah, MD
Internal medicine
25109 Jefferson Ave., Ste. 105
Murrieta, CA 92562
1-951-698-5765, TTY 711



Mohammad S. Rahmany, MD
Internal medicine
Other language(s): Farsi,
German
41720 Winchester Rd., Ste. H
Temecula, CA 92590
1-951-699-4511, TTY 711



Mariam Fahim, DO
Board certified pediatrics
36243 Inland Valley Dr., Ste. 80
Wildomar, CA 92595
1-951-813-3760, TTY 711



Abigail Soto, MD
Board certified family medicine
Other language(s): Spanish
25470 Medical Center Dr.
Ste. 206
Murrieta, CA 92562
1-951-676-4221, TTY 711

OCN-Valley Physicians Providers



Leon Yan, MD

Pediatrics

29995 Technology Dr., Ste. A100

Murrieta, CA 92563

1-951-412-1610, TTY 711

Choosing a new primary care provider



Do any of these questions apply to you?

- Have you recently moved to a new city?
- Is your primary care provider retiring?
- Do you have general health concerns that require more care?
- Are you bilingual?

Your primary care provider helps maintain your overall health by focusing on preventive care.



What type of provider do you need?

The following are types of primary care providers:

- **Family medicine or general practice:** General practitioners treat a wide range of medical problems in age groups newborn to elderly. Family practitioners are similar to general practitioners, but have extra training to care for patients of all ages.
- **Internal medicine:** Internists focus on care for adults. Some internists receive more training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke or injury.
- **Pediatrics:** Pediatricians specialize in the care of children. This care typically begins at birth and continues until the age of 18.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine with extra training to care for older adults. Geriatricians specialize in conditions that are common with the aging process.

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Primary care providers specialize in everyday health needs and help you reach your health care goals.



Your primary care provider coordinates the following care:

- Referrals to specialists
- Admission to a hospital or skilled nursing facility



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About Optum Care Network–Valley Physicians

Optum Care Network–Valley Physicians has several primary care providers to choose from. They value the long relationships they’ve had with their patients. In fact, some patients have been with Optum Care Network–Valley Physicians for several generations. Optum Care Network–Valley Physicians is a network of independently-contracted doctors serving Riverside County. We’re dedicated to promoting your overall well-being.

Let us help you find the primary care provider that best suits your health care needs.



1-800-956-8000, option 5, TTY 711



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We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, option 5, TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, option 4, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, option 5, TTY 711。

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